



ADNET
Anabaptist Disabilities Network

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Recommended Books and DVDs on Disabilities and Inclusion

- Search for books by author, title, or a topic of interest. To open Adobe Reader's search tool press Control-Shift-F. Topic suggestions are included below.
- Contact us for loan options.

Topics used:

accessibility	disabilities ministry	parenting
activities	disabilities of aging	personal account
addictions	disability rights	
Alzheimer's	Down syndrome	polio
anxiety	dyslexia	quadriplegia
attention deficit	environmental illness	reflections
autism	estate planning	Rett syndrome
Bible study (on disability)	families	schizophrenia
blindness	fiction	siblings
cerebral palsy	intellectual disability	spina bifida
children	learning disabilities	suicide
children's book	liturgy	theological education
chronic illness	mental illness	theology of disability
community	mental retardation—see	Tourette's syndrome
congregations	intellectual disability	traumatic brain injury
curriculum	mobility impairment—see	vision impairment
deafness	also wheelchair,	wheelchair user
dementia	specific disabilities	worship resources
depression	(e.g. spina bifida)	
developmental disability—	multiple sclerosis	
see intellectual	paralysis	
disability	paraplegia	

Books

Abraham Schmitt, with Mary Lou Hartzler Clemens. *Brilliant Idiot: An Autobiography of a Dyslexic*. Intercourse, Pa.: Good Books, 1992. *Dyslexia, learning disabilities, personal account*. This engaging life story chronicles one man's battle to earn both respect and an education, only to discover in mid-life that his severe mental "fog" was a serious learning disability. Dr. Abraham Schmitt was born and grew up in a nearly illiterate peasant Mennonite village in Saskatchewan. Even in this community which disparaged education, Schmitt lived with the scourge of being the village idiot. Given the opportunity, he left and followed a relentless internal urge to correct the mental contradictions he felt so painfully. The larger world was no kinder; his sense of failure grew only more keen and desperate, until he learned about dyslexia.

Albers, Robert H., ed. *Ministry with Personals with Mental Illness and Their Families*. Minneapolis, Mn.: Fortress Press, 2012. *Mental illness, families, theology of disability, disabilities ministry*. Eighteen psychiatrists and pastoral theologians come together in an interdisciplinary, collaborative effort to ensure accuracy of information concerning the medical dimensions of mental illness, interpret these illnesses from a faith perspective, and make suggestions relative to effective ministry. Readers will learn how science and a faith tradition can not only coexist but work in tandem to alleviate the pain of the afflicted and affected.

Anderson, Robert C., ed. *Graduate Theological Education and the Human Experience of Disability*. New York: Haworth Pastoral Press, 2003. *Theological education*. Examines graduate schools of theology and their limited familiarity with the study of disability—and the presence of people with disabilities in particular—on their campuses. Dubbed a "missing note" by one theologian, this text offers critical research and illuminates new pathways for theology and practice in the community of faith. Reviews of previous literature, theology, and practices illuminate how people with disabilities have historically been marginalized by the religious community. Theologians, people with disabilities, and researchers offer suggestions for incorporating disability studies into theological education and religious life.

Bakely, Donald C. *Bethy and the Mouse: God's Gifts in Special Packages*. Newton, Ks.: Mennonite Press, 1985. *Personal account, Down syndrome*. A moving recollection of a father's experiences with two of his children: Bethy, who has Down syndrome, and Matthew, "the Mouse," who had an abnormally small brain and died at the age of five.

Becker, Amy Julia. *A Good and Perfect Gift: Faith, Expectations, and a Little Girl Named Penny*. Grand Rapids, MI: Bethany House Publishers, 2011. *Personal account, Down syndrome, learning disabilities*. Writer and theologian, Amy Julia Becker, has her first child, Penny, who is born with Down syndrome. Challenging surprises often lead to unforeseen joy, and disappointments can turn into blessings. She describes both very well.

Becker, Shirley. *Buddy's Shadow*. Illustrated by Todd Fargo. Exton, Pa.: Jason & Nordic Publishers, 1991. *Down syndrome, children's book*. A book intended to facilitate the positive self-image of children with Down syndrome. Buddy watches the other children play and knows that he can't catch the ball well or run fast. He saves his money and buys a puppy, his new friend. He soon discovers that running fast doesn't matter between friends.

Bishop, Beverly. *My Friend with Autism*. (Enhanced edition with free CD of coloring pages.) Arlington, Tx.: Future Horizons, 2011. *Autism, learning disabilities, children's books*. This book is the result of parent Beverly Bishop's determination to educate her son's classmates about autism, thus helping her son fit in at school. A peer narrator explains that his friend with autism is good at some things and not so good at others—just like everybody else. He addresses issues such as sensory sensitivity, communication differences, unique ways of playing, insistence on routine, and more, all in an informative, positive tone. At the end of the book are Page-by-Page Notes for Adults, which supplement the text with facts and explanations to further educate teachers and classmates' parents. Includes extra pages, e.g. 10 Quick Strategies for Helping a Child with Autism, and Recommended Reading.

Black, Kathy. *A Healing Homiletic: Preaching and Disability*. Nashville: Abingdon Press, 1996. *Blindness, deafness, paralysis, paraplegia, quadriplegia, chronic illness, mental illness, theology of disability*. A unique and effective approach for preaching about disabilities. By going to the heart of the gospel and drawing on the healing narratives or miracle stories, Black shows how preaching affects the inclusion or exclusion of forty-three million persons with disabilities from our faith communities. Provides a new method of preaching about healing, based on Scripture, for understanding the needs of the disability community.

Bolduc, Kathleen Deyer. *Autism and Alleluias*. Valley Forge, PA: Judson Press, 2010. *Autism, parenting, learning disabilities, personal account*. Kathy Bolduc invites us into the concrete, messy, detailed, and often colorful experiences of life with Joel, her son with autism. She shares her stories and then lets us see the ways her questions, faith, hopes, and finally, love, left her open to finding and seeing God in the places, events, and relationships where she, and we the readers, might least expect.—Bill Gaventa, editor, *Journal of Religion, Disability and Health*

Bolduc, Kathleen Deyer. *His Name Is Joel: Searching for God in a Son's Disability*. Louisville, Ky.: Bridge Resources, 1999. *Parenting, intellectual disability, learning disabilities, personal account*. This book is at once affirming and dares to speak the truth: When disability strikes, parents and families grieve. Her account affirms that God is loving and provides us with the strength to face the darkest hours, bringing us to a place of greater compassion, love, and joy.

Bolduc, Kathleen Deyer. *A Place Called Acceptance: Ministry with Families of Children with Disabilities*. Louisville: Bridge Resources, 2001. *Theology of disability, congregations, disabilities ministry, families, learning disabilities, children*. A handbook for churches that welcome and minister to families of children with disabilities. Includes discussion of

theology and disability, the grief process experienced by parents, and the impact of disabilities on family systems. Provides concrete suggestions, handouts that can be photocopied, and an extensive resource list.

Bolduc, Kathleen Deyer. *The Spiritual Art of Raising Children with Disabilities.* King of Prussia, Pa: Judson Press, 2014. *Parenting, intellectual disability, physical disability, learning disability, personal account.* Bolduc knows what it is to parent a child with many challenges, and wants to help her readers pay attention to God's presence in their lives, among their questions. She explores the brokenness and beauty of our lives with her own and others' personal stories, scriptures, quotes from spiritual teachers, and reflective exercises. In the first four sections of the book, the author asks us to contemplate how we can gather up the pieces, embrace the brokenness, rearrange the pieces, and see the bigger picture. She acknowledges the painful realities many of us encounter. In the fifth section, she introduces spiritual disciplines to help her readers contemplate and explore the life-changing questions and experience the gift of renewal. – From review by Tracey Lehman in *Connections*.

Borntrager, Barbara. *A Mother Held Hostage: My Journey with Jon.* Springfield, Mo.: 21st Century Press, 2003. *Tourette's syndrome, addictions, suicide, personal account, parenting.* In a compelling story of family crisis, Barbara Borntrager shows us that grace hides behind the disguise of human suffering. With rare honesty and fresh prose, she gifts her readers with an experience of raw emotion and gives insight into the question that haunts us all when we find ourselves in the dark: Does a loving God have plans for my pain? Drawn from the author's private journal during the years of raising three sons.

Bradley, Lorna. *Special Needs Parenting: From Coping to Thriving.* Minneapolis, Mn.: Huff Publishing Associates, 2015. *Parenting, families, intellectual disability, physical disabilities, personal account.* Sharing personal insights as a theologian and the parent of an adult son with special needs, Rev. Dr. Lorna Bradley offers seven encouraging and practical tools to help the reader: gain a deeper, grace-filled understanding of God's presence; process deeply held feelings of grief and guilt; discover strategies for patience, self-care, and healthy relationship; and find hope and healing. Powerful for the individual reader, the built-in reflection and discussion questions make the book an ideal, real-life resource for small groups.

Burkholder, Ginnie Horst. *Relentless Goodbye: Grief and Love in the Shadow of Dementia.* Harrisonburg, Va.: Herald Press, 2012. *Dementia, personal account, families.* Burkholder shares about caring for a spouse who is slowly slipping away to Lewy body dementia. Burkholder's memoir reveals how she handles the constant challenges through humor, love, commitment, and faith. At the same time, she does not gloss over the loss, pain, and loneliness on this emotional rollercoaster ride that invaded her marriage and family following her husband's diagnosis.

Carter, Erik W. *Including People with Disabilities in Faith Communities: A Guide for Service Providers, Families, and Congregations.* Baltimore: Paul H. Brookes, 2007. *Congregations, disabilities ministry, theological education, learning disabilities, intellectual disability, physical disabilities.* With this innovative guide, congregations

will get the realistic how-to strategies they need to become places of welcome and belonging for people with a wide range of disabilities. Bringing his ideas to life with anecdotes, vignettes, thought-provoking quotes from experts and community members, and specific examples of successful strategies, Erik helps readers reflect on their congregation's inclusion, break down attitudinal barriers to inclusion, develop meaningful religious education activities, discover and actively support spiritual strengths and needs of people with disabilities, and pursue inclusion beyond congregational activities.

Chamberlin, Kate. *The Night Search*. Illustrated by Dot Yoder. Hollidaysburg, Pa.: Jason and Nordic Publishers, 1997. Braille and print text with illustrations. *Blindness, children's book*. Heather, who is blind, resists using her white cane until one night while camping her puppy wanders off. Heather tries to find the puppy. She finds a stick which helps, but she realizes that her white cane is a very valuable helper.

Cook, John G. *A Compassionate Journey: Coming Alongside People with Disabilities or Chronic Illnesses*. Grand Rapids: Faith Alive Christian Resources, 2008. *Congregations, disabilities ministry, chronic illness*. Ideal for study by church councils, care teams, adult education groups, and individuals who want to learn how to show care for people with long-term needs.

Denlinger, Joan and Ron Denlinger. *Joy in A Foreign Land: How a Family Can Stay Together ... When Their World Is Coming Apart*. Morgantown, Pa.: Masthof Press, 2002. *Personal account, parenting, families*. Ron and Joan Denlinger had a dream for their new life together—a dream of serving and caring for people in pastoral ministry. Shortly after the birth of their first child, they found themselves in a foreign land, the unfamiliar and undesired world of attending to the care of special needs children. Following the birth of their second child, also disabled, it seemed impossible for their ministry dreams to be fulfilled. In this gripping true story, Joan shares her life with tenderness and transparency. As they share the secrets they have learned through their experiences, you will be strengthened to move through your own set of life challenges.

Driscoll, Jean, with Janet and Geoff Bengé. *Determined to Win: The Overcoming Spirit of Jean Driscoll*. Colorado Springs: WaterBrook Press, 2000. *Spina bifida, wheelchair user, personal account*. A two-time Olympic silver medalist, a twelve-time medalist in the Paralympics, and the only person ever to win the Boston Marathon eight times, Jean is a living example of what perseverance and reliance on God can do. Jean chronicles her flight from physical setbacks to true inner healing and spiritual freedom.

Dwight, Laura. *We Can Do It!* New York: Star Bright Books, 1997. *Spina bifida, Down syndrome, cerebral palsy, blindness, children's book*. Meet five special children. See what they can do! "My name is Gina. I am five years old. I have spina bifida, and I can do lots of things."...

Ebersole, Grace Wenger. *Chronicles of Grace*. Morgantown, Pa.: Masthof Press, 2000. *Intellectual disability, learning disability, personal account*. A journal of the author's journey through life. She finds solace and stability through Bible reading, prayer, and

journaling as she grappled with the stress of motherhood, death, illness and the developmental disabilities of a daughter.

Eiesland, Nancy and Don E. Saliers, eds. *Human Disability and the Service of God: Reassessing Religious Practice*. Nashville: Abingdon Press, 1998. *Theology of disability, Bible study, disability rights, liturgy, congregations, reflections*. What questions, insights, and perspectives should be advanced if people with disabilities, in all their diversity, were placed at the center of religious life and education? The fourteen contributors to this volume address this multifaceted question. Congregations are challenged by these writers to re-envision their actual practices of communal life and worship. Essays by Hector Avalos, Sarah J. Melcher, Colleen C. Grant, Simon Horne, Jürgen Moltmann, Barbara A. B. Patterson, Jan B. Robitscher, Adele B. McCollum, Albert Herzog, Harold Dean Trulear, Vereene Parnell, Brett Webb-Mitchell, Helen Betenbaugh and Marjorie Procter-Smith, and the editors.

Eiesland, Nancy L. *The Disabled God: Toward a Liberatory Theology of Disability*. Nashville: Abingdon Press: 1994. *Physical disabilities, theology of disability*. “In resymbolizing Christ as the disabled God, Nancy Eiesland has written an accessible theology, giving persons with disabilities access to the symbolic world of theology, giving the church access to the experience of persons with disabilities, and giving all of us access to the joy of extraordinarily well-written practical theology” (review by Pamela D. Couture).

Etmanski, Al. *A Good Life for You and Your Relative with a Disability*. Burnaby, British Columbia: Planned Lifetime Advocacy Network, 2000. *Intellectual disability, physical disabilities, learning disabilities, parenting, estate planning*. Every parent whose child lives with a disability struggles with the same question: “Who will look after my child after I'm gone?” If you're thinking about wills and estate planning, supported decision-making, developing a circle of support, alternatives to legal guardianship, *A Good Life* is an essential resource for ensuring a lifetime of connection, contribution, and continuity.

Evangelical Lutheran Church in America Division for Church in Society. *ELCA Accessibility Guide: Planning an Accessible Meeting*. Chicago: Evangelical Lutheran Church in America, 2001. *Accessibility*. 8 page pamphlet. Standards for mobility, blind or visual impairment, deaf or hearing impairment, and chemical sensitivities. Suggestions to facilitate participation of persons with disabilities. Websites with information about planning accessible meetings.

Froese, Edna Alison, ed. *Inside I'm Dancing: Personal Stories of God's Healing and Design*. Saskatchewan: Mennonite Central Committee Saskatchewan, n.d. *Personal accounts, physical disabilities, intellectual disability, mental illness*. In 1997 two women traveled the Saskatoon area and spoke to people using personal stories to invite people to “see the person first” before the disability or mental illness. As they travelled and spoke, some of the listeners began to tell their stories. Eventually people were asked for permission to share their stories and they said yes. Each story had a strong message of the need for love and acceptance and how inclusive communities were very important. Life happens; illness and imperfections are normal. It is our compassionate and creative

responses to these life happenings that can set people free to dance inside regardless of what would appear to get in the way.

Gaventa, William C. and David L. Coulter, eds. *The Pastoral Voice of Robert Perske*. New York: Haworth Pastoral Press, 2003. *Intellectual disability, disability rights, congregations, theological education*. Robert Perske is well known in disability circles for his work as an advocate of people with intellectual and other developmental disabilities. In recent years he has become noted for his defense of people with intellectual disabilities in the criminal justice system and for his stance on issues related to the death penalty. This volume focuses on Perske's writings while he served as a chaplain at the Kansas Neurological Institute, some of the earliest published papers on pastoral care and religious education for people with intellectual disabilities. Even after 30 years, the messages in Perske's early writings can easily be applied to current issues in ministries and services for people with developmental disabilities.

Gaventa, William C., Jr. and David L. Coulter, eds. *Spirituality and Intellectual Disability: International Perspectives on the Effect of Culture and Religion on Healing Body, Mind, and Soul*. Binghamton, N.Y.: Haworth Pastoral Press, 2001. *Intellectual disability, learning disabilities, disabilities ministry, theological education, liturgy, theological education*. Explores what spiritual health means within specific cultures and faiths and across disciplines. Examines and provides cutting-edge information on spirituality in health care; defining and assessing spirituality and spiritual supports; perspectives on intellectual disability from Judaism, Islam, Roman Catholicism, and Native American spirituality; creative models of community ministry and religious education; and liturgical celebrations with people who have severe mental disabilities.

Gire, Ken, Jr. *The Christmas Duck*. Milford, Mich.: Mott Media, 1983. *Intellectual disability, children's chapter book*. This story of a boy and his dog looks beyond the temporal tragedy of disability to its more eternal elements. This story illustrates the positive effects that a child with intellectual disability can have on others.

Govig, Stewart D. *Souls are Made of Endurance: Surviving Mental Illness in the Family*. Louisville: Westminster John Knox Press, 1994. *Mental illness, schizophrenia, personal account, families*. A personal account of Govig's family's struggle with their son's mental illness. After his son was diagnosed with schizophrenia, the family faced not only the difficulty of funding medical care and therapy but also the personal anguish and the questioning of faith and of God that often accompany such a crisis. During his struggle for faith, Govig found the strength to bear the burdens from his two foundations: the Bible and personal experience.

Govig, Stewart D. *Strong at the Broken Places: Persons with Disabilities and the Church*. Louisville: Westminster/John Knox Press, 1989. *Disabilities theology, Bible study, congregations, community*. Examines the attitudinal barriers thrust upon persons with disabilities and investigates the biblical resources for overcoming these barriers. Advocates an understanding of the Christian community that removes social stigma.

Grealish, Mary Jane Von Braunsberg and Charles A. Grealish. *Amy Maura*. Illustrated by Erica Otten. Syracuse, N.Y.: Human Policy Press, 1975. *Cerebral palsy, children's book*. Amy Maura saves her two baby brothers from a house fire and struggles to come to terms with her name and the fact that she has cerebral palsy.

Grealish, Mary Jane Von Braunsberg and Charles A. Grealish. *The Sneely-Mouthed Snerds and the Wonderoctopus*. Illustrated by Richard Williams. Syracuse, N.Y.: Human Policy Press, 1975. *Children's book, disability rights*. “King Willie Two Pole made sixteen new laws for the Land of the Sneely-Mouthed Snerds: The first three were: 1. Every Snerd could be as different or as samelike as he or she was. 2. There would be no snickering, snarling, or snorting among Snerds. 3. The Buildings for More-Different Snerds would be turned into a Wax Museum, and all the Snerds who lived there would go back to their homes. No Snerd would ever live there again.”

Greider, Kathleen J. *Much Madness is Divinest Sense: Wisdom in Memoirs of Soul Suffering*. Cleveland: Pilgrim Press, 2007. *Mental illness, personal account*. Readers are invited to “listen in” on memoirs of soul-suffering as Greider amplifies the spiritual wisdom found there. Memoirists include Meri Nana-Ama Danquah, Jyl Lynn Felman, Stewart D. Govig, Susan Gregg-Schroeder, Dan and Sue Hanson, David Hilfiker, Albert Y. Hsu. William and Lucy Hulme, Kay Redfield Jamison, Nancy Mairs, Martha Manning, Henri J. M. Nouwen. Sharon O’Brien, Parker J. Palmer, Lizzie Simon, Lauren Slater, Tracy Thompson, Dan Weisburd. Title from a poem by Emily Dickinson.

Gullman, David J. *Teachers of the Soul: The Heart of God Revealed through People with Disabilities*. Bloomington, In.: WestBow Press, 2015. *Downs syndrome, congregations, intellectual disability, physical disabilities, personal account*. Dave brings those with disabilities to the forefront and highlights the gifts they have to offer us. He shares vulnerably from his journey into the darkness of his own struggle with a daughter dealing with Downs syndrome and a seizure disorder. He writes of his emergence into a world where those with disabilities become teachers of our souls. Dave, a Mennonite, pastors persons with multiple disabilities. He brings together the unique perspective of parent, pastor, and contemplative to the spirituality of persons with an intellectual disability.

Hauerwas, Stanley, and Jean Vanier. *Living Gently in a Violent World: The Prophetic Witness of Weakness*. Downers Grove, Illinois: IVP Books, 2008. *Theology, intellectual disability, physical disabilities*. Theologian Hauerwas collaborates with Jean Vanier, founder of the worldwide L’Arche communities. L’Arche provides a unique model of inclusive community that is underpinned by a deep spirituality and theology. Together Vanier and Hauerwas carefully explore the contours of a countercultural community that embodies a different way of being and witnesses to a new order—one marked by radical forms of gentleness, peacemaking, and faithfulness.

Herzog, Albert A., Jr., editor. *Disability Advocacy among Religious Organizations: Histories and Reflections*. Binghamton, N.Y.: Haworth Pastoral Press, 2006. *Disability rights, disability ministries*. Chronicles the progress of different ministries’ advocacy for persons with disabilities since 1960 as they worked toward fulfilling this mission. This enlightening history of several religious organizations’ efforts charts the trends in

advocacy while offering readers insight into ways to assist people with disabilities both within religious organizations and in society.

Hoekman, Laurel. *ASD to Z...: Basic Information, Support, and Hope for Individuals Diagnosed with Autism Spectrum Disorders*. Kentwood, Mi.: The Gray Center for Social Learning and Understanding, 2005. *Autism, learning disabilities, families, congregations*. This booklet provides relatives, congregations, children, teachers and others with basic information about ASD and available resources.

Holcomb, Nan. *Danny and the Merry-Go-Round*. Illustrated by Virginia Lucia. Exton, Pa.: Jason and Nordic Publishers, 1984. *Cerebral palsy, wheelchair user, children's book*. When Danny, who has cerebral palsy, is faced with another frustrating and boring day at the playground watching, instead of playing, something unexpected happens. He finds a new friend and learns something about himself.

Holcomb, Nan. *How about a Hug*. Exton, Pa.: Jason and Nordic Publishers, 1983. *Down syndrome, children's book*. Though it takes much concentration and will for her to accomplish each task, a little girl with Down syndrome is happy to have many loving helpers along the way. Delightful illustrations by Tricia Taggart.

Holcomb, Nan. *Andy Finds a Turtle*. Exton, Pa.: Jason and Nordic Publishers, 1983. *Physical disability, children's book, families*. Andy isn't always in the mood to cooperate with parents, teachers and therapists, especially physical therapists. Once his physical therapist tells him he acts like a turtle with legs and arms drawn in tight. But—Andy doesn't know what a turtle is. One day while on a picnic, Andy protects his baby sister from a strange invader.

Hubach, Stephanie O. *Same Lake, Different Boat: Coming Alongside People Touched by Disability*. Phillipsburg, New Jersey: P&R Publishing, 2006. Foreword by Joni Eareckson Tada. *Intellectual disability, Down syndrome, learning disabilities, theology of disability, Bible study*. When the church attempts to function without all its parts, the body of Christ becomes disabled. A transformational work—designed to renew our minds to think biblically about disability in order that our lives, our relationships, and our congregations might wholly reflect Christ.

Johnson, Peggy A. *The Church and People with Disabilities: Awareness, Accessibility, and Advocacy*. New York, NY: United Methodist Women, 2014. *Congregations, disability rights, accessibility*. The intent of this book is to build awareness in the church around issues of disability, to call the church to create accessible services and opportunities, and to promote advocacy for justice for people with disabilities. Unlike other categories of human experience, disability crosses all lines of gender, orientation, ethnicity, socioeconomic position, age, etc. People with typical bodies can be thought of as temporarily able-bodied because disabilities can happen at any time to anyone. This book can help you identify ways that your church can do more to open to the gates to inclusion and equality.

- Jones, Milton. *Sundays with Scottie*. Siloam Springs, Ark: Leafwood Publishers, 2003.** *Cerebral palsy, personal account.* Scottie was short, so short that you could simply look right over him if you weren't careful. Scottie was born with cerebral palsy. The author spent twenty years of Sundays with him. He was Scottie's pastor and best friend. Through this strange story of a small guy in Seattle, you too may find the hidden treasure you have been seeking.
- Kaufman, Nathan D. *The Nathan Dean Kaufman Story: An Autobiography*. North Newton Kansas: Nathan D. Kaufman, 2007.** *Cerebral palsy, vision impairment, wheelchair user, personal account.* Kaufman tells about his childhood, travel to his birth country of Indonesia, marriage to his wife Jill, and other important relationships.
- Keck, Beverlee Buller. *Just One More Day: Meditations for Those Who Struggle with Anxiety and Depression*. Kindred Publications, 2009.** *Anxiety, depression, worship resources.* Forty short chapters offer insight, relief, and hope. Each chapter includes a scripture verse, a meditation, an action step, a prayer, and a journal page for the reader to record personal reflections.
- Kern, Kathleen. *When It Hurts to Live: Devotions for Difficult Times*. Newton, Ks.: Faith and Life Press, 1994.** *Depression, mental illness, physical disabilities, intellectual disability, Bible study (on disability), theology of disability.* Written for people who are suffering from depression or are experiencing particularly trying times. Written out of personal experience with clinical depression, Kern helps others apply God's message of healing and hope to their lives. Too often the spiritual aspects are overlooked or oversimplified in overcoming depression. Through sound biblical scholarship, Kern combines Scripture, personal meditation, life application, and prayer to help people on the way.
- King, Mike. *The Mike King Story*. Intercourse, Pa.: Good Books, 1985.** *Paraplegia, mobility impairment, wheelchair user, personal account.* Mike King has completed a remarkable journey. One hundred twenty days after he pushed out of Fairbanks, Alaska—in his wheelchair—he arrived in Washington, D.C., an incredible 5600 miles by hand! Injured seven years earlier in a motorcycle accident in Calgary, Alberta, King is a paraplegic with a will that defies the reasonable. But his road through therapy, his struggle to accept his limitation, and his 5600-mile trip through summer's heat and humidity required persistent fortitude. He tells about it openly and poignantly in this personal story.
- Labosh, Kathy. *The Child with Autism Learns the Faith: Bible Lessons from the Garden of Eden to the Parting of the Red Sea*. East Petersburg, Pa.: Labosh Publishing, 2007.** *Autism, learning disabilities, curriculum, children's book.* With a little patience and a lot of prayer, you can easily implement this ready-to-go lesson plan for teaching the faith to children with autism within the community. Fifteen Bible lessons from Creation to Passover are included. Intended for a ministry targeted to autistic children.
- Langford, Daniel L. and Emil J. Authelet. *When the Caregiver Becomes the Patient: A Journey from a Mental Disorder to Recovery and Compassionate Insight*. Binghamton, N.Y.: Haworth Pastoral Press, 2002.** *Mental illness, anxiety, personal*

account. A candid and compassionate firsthand account of author Daniel Langford's struggle with an anxiety disorder that paralyzes him despite his extensive background as a health care professional, social worker, and minister. His journey from the disorder's horrifying onset to the understanding and acceptance of its roots, and finally to an insight that evokes a renewed appreciation for the human spirit is an inspirational guide to healing and recovery.

Lee, Amy Fenton. *Leading a Special Needs Ministry: A Practical Guide to Including Children and Loving Families.* Cumming, Ga.: Orange, 2013. *Congregations, disabilities ministry, families, intellectual disability, physical disabilities, learning disabilities, children.* A practical "how-to" handbook for the family ministry team working to welcome one or 100 children with special needs. Easily referenced guidance is offered for talking to parents who are learning their child has a diagnosis. Gives all the tools to develop programs, write policies, and educate volunteers working with children with disabilities. Example ministry documents are provided throughout this resource guide as well.

Lewis, Beverly. *In Jesse's Shoes: Appreciating Kids with Special Needs.* Minneapolis, Mn.: Bethany Backyard, 2007. *Intellectual disability, learning disabilities, mental illness, families, fiction, children's book.* What parent hasn't urged son or daughter not to stare at or tease a child who is "different" or disabled in some way? In this sensitive yet realistic story, Jesse's sister struggles to understand her brother—and the kids who make fun of him. The book will encourage families everywhere to appreciate and befriend children with special needs.

Light for All: Worship Resources for Including People with Mental Illness and Disabilities. Winnipeg, Canada: Mennonite Central Committee Canada, 2001. *Worship resources, mental illness, intellectual disabilities, physical disabilities.* Includes: worship services, calls to worship, litanies, readers' theatre, prayers, readings, drama, sermons, stories, and scriptural references and themes.

Luurtssema, Kimberly S. and Barbara J. Newman. *G.L.U.E. Training Manual (Giving, Loving, Understanding, Encouraging): Working closely with congregations to help them better understand, support and include each other.* Wyoming, Mich.: CLC (Christian Learning Center) Network Publication, 2009. *Congregations, disabilities ministry.* The G.L.U.E. process includes techniques for faith communities in inclusive ministry with people with disabilities and their families. The G.L.U.E. team is the most hands-on technique used to encourage the inclusion of those with more intense disabilities. Not all people with a disability require a G.L.U.E. team, but may benefit from some other form of support that will prepare the church to receive what they have to offer. This manual provides steps and techniques to assist churches in discovering how people with disabilities can be included as partners in ministry.

Mairs, Nancy. *Waist-High in the World: A Life Among the Nondisabled.* Boston, Ma.: Beacon Press, 1996. *Mobility impairment, multiple sclerosis.* "Graceful yet gritty paradoxes drive this extraordinary book, which uses the author's degenerative disease, multiple sclerosis, as a window into a very particular soul. . . . Let the reader understand:

this is not a book about MS, or about illness; rather, it's a chronicle of inspired adaptation, spiritual as well as physical, to limits. The aim is the creation of joy."—Sallie Bingham, *The New Mexican*

Monat-Haller, Rosalyn Kramer. *Understanding and Expressing Sexuality: Responsible Choices for Individuals with Developmental Disabilities.* Baltimore: Paul H. Brookes, 1992. *Intellectual disability.* For too long, individuals with developmental disabilities have been expected to be asexual. This long-needed book clarifies that all persons—regardless of their cognitive or physical ability—are sexual human beings who have the right to express and enjoy their sexuality as a positive, healthy part of life. Containing more than 50 detailed case studies, this work frankly and openly discusses many sensitive issues, such as sexually transmitted diseases, abortion, sexual abuse, human anatomy and physiology, birth control options, marriage, and parenthood.

Morris, G. Scott, ed. *I Am the Lord Who Heals You: Reflections on Healing, Wholeness, and Restoration.* Nashville, Tn.: Abingdon Press, 2004. *Congregations, physical disabilities, intellectual disability, disabilities ministry, theology of disability.* In these 16 sermons, well-known preachers explore their belief that the faith community has an important role to play in healing.

Nelson, Gary E. *A Relentless Hope: Surviving the Storm of Teen Depression.* Eugene, Or.: Cascade Books, 2007. *Depression, parenting, families, personal account.* Nelson has worked with many teens over the years offering help to those who find themselves confronted by the potentially devastating attacker of depression. He uses the story of his own son's journey through depression to weave together insights into the spiritual, emotional, cognitive, biological, and relational dimensions of teen depression. This pastor, counselor, and father reminds us that God's light of healing can shine through the darkness of depression and offer hope.

Newell, Christopher, and Andy Calder, eds., *Voices in Disability and Spirituality from the Land Down Under: Outback to Outfront.* Binghamton, N.Y.: Haworth Pastoral Press, 2004. *Intellectual disability, learning disabilities, physical disabilities, theology of disability.* This one-of-a-kind collection explores the relationship between spirituality and disability from a variety of Australian religious and spiritual viewpoints. Authors from a wide range of backgrounds—some with disabilities, some without—draw remarkable insights from Christian, Jewish, Buddhist (and even non-religious) spirituality. These uniquely Australian perspectives provide practical and spiritual lessons that can be applied in any part of the world.

Newman, Barbara J. *Accessible Gospel, Inclusive Worship.* Wyoming, Mi.: CLC Network, 2015. *Worship resources, disabilities ministry, congregations.* Includes beginning aspects of getting to know an individual, also specific resources that have to do with the "Vertical Habits" ("Love You"-Praise; "I'm Sorry"-Confession; "Why?"-Lament; "I'm Listening"-Illumination; "Help"-Petition; "Thank you"-Gratitude; "What Can I Do?"-Service; "Bless You"-Blessing), among other aspects of inclusive worship.

Newman, Barbara J. *Autism and Your Church: Nurturing the Spiritual Growth of People with Autism Spectrum Disorders*. Grand Rapids, Mi.: Faith Alive Christian Resources, 2006. *Autism, congregations, disabilities ministry*. From Friendship Ministries, this book offers practical ways to welcome and include individuals with ASD into the full life of your congregation. Church leaders will be able to appreciate those with ASD as people created in God's image, learn about five specific disorders included in ASD, discover ten strategies for including people with ASD in the life of your church, and develop a plan for an ongoing ministry.

Newman, Barbara J. *Church Welcome Story*. CLC Network, 2009. *Congregations, worship resource, physical disabilities, intellectual disability, learning disability, children's book, autism*. Provides a structure to create a personalized welcome booklet for any child who needs a little more assistance to feel comfortable in the church community. Children on the autism spectrum and other young children who need predictability may especially benefit. The 16-page booklet supplies simple text for each page, along with suggestions for photographs to incorporate. A parent reading the story to the child many times allows the child to practice upcoming routines, as well as the names and faces of the people who are part of the church community.

Nouwen, Henri J. M. *Adam: God's Beloved*. Maryknoll, NY: Orbis Books, 1997. *Personal account, physical disabilities, intellectual disability, learning disabilities, community*. Adam could not speak or even move without assistance. He was gripped by frequent seizures. And yet, for Nouwen he became "my friend, my teacher, and my guide." It was Adam who led Nouwen to a new understanding of his Christian faith and what it means to be Beloved of God. Nouwen recounts his own first awkward encounters with Adam, when, upon his arrival at Daybreak, he was placed in charge of the young man's morning care. Gradually, under Adams "instruction" Nouwen learned to adjust to a new, slower rhythm of life, to become more aware of his own body, and to speak with the language of the heart. During a time of emotional breakdown, Nouwen became the one who was cared for, as Adam played a role in his healing, leading him to understand the true meaning of spiritual poverty, and the mysterious grace of God's love.

Pierson, Jim. *Just Like Everybody Else*. Cincinnati: Standard Publishing, 1993. Illustrated by Kathy Parks. *Cerebral palsy, wheelchair users, children's book*. Derek's teacher says a new girl—with cerebral palsy—is joining their class on Monday. Derek is worried. What will Amy be like? What will he say to her? How should he act? A Saturday outing with Granddaddy helps Derek understand that people with disabilities are really just like everybody else.

Pierson, Jim. *No Disabled Souls: How to Welcome People with Disabilities into Your Life and Your Church*. Cincinnati: Standard Publishing, 1998. *Disabilities ministry, accessibility, reflections, mental disabilities, intellectual disability, learning disabilities, congregations*. Whatever the restrictions imposed by disabilities, everyone is able to appreciate and respond to the love of Christ. From Jim's stories about his friends with disabilities, you'll learn the life-changing, eternal impact of being included in community and church. And you'll understand what friendship with someone with a disability can add to your life. Each chapter shows you how to deal with needs such as special

transportation, medication, and assistive devices. The more you know about your friend's world, the more comfortable you both will be.

Preheim-Bartel, Dean, Aldred H. Neufeldt, Paul D. Leichty, and Christine J. Guth.

***Supportive Care in the Congregation: Providing a Congregational Network of Care for Persons with Significant Disabilities.* Scottsdale, Pa.: Mennonite Publishing Network, 2011.** *Congregation, intellectual disability, physical disabilities, learning disabilities, disabilities ministry.* “A Supportive Care group in a congregation, committed to both immediate crises and the long haul, has the capacity to preach and teach about the grace and love of God.”—Bill Gaventa. This revised edition includes chapters on complementary ministries and movements that offer a wealth of resources to those who take up the invitation to build supportive, caring, inclusive communities of faith.

Preheim-Bartel, Dean, Timothy J. Burkholder, Linda A. Christophel, and Christine J.

***Guth. Circles of Love: Stories of Congregations Caring for People with Disabilities and Their Families.* Harrisonburg, Va.: Herald Press, 2015.** *Congregations, intellectual disability, physical disabilities, learning disabilities, families, disabilities ministry, accessibility, personal account.* Meet people who have received support from caring people in Anabaptist congregations—support that has changed the course of their lives. These are stories of ordinary people whose lives have been transformed by circles of love. Learn concrete acts of compassionate care that congregations can take to support people with disabilities and those who love them.

Prins, Glenda W. *Lessons from Katherine (Spiritual Struggles Series).* Hants, UK: Circle

Books, 2013. *Intellectual disability, learning disabilities, physical disabilities, parenting, families, personal account.* Here is a spiritual memoir about loving and parenting a disabled child amidst grief, financial difficulty, and marital discord. It's the struggle of every young marriage and family: to hold on, to form a family, to carve out a place in the world—but amplified.

Rabe, Berniece. Photographs by Diane Schmidt. *Where's Chimpy?* Niles, Ill.: Albert

Whitman & Co., 1988. *Down syndrome, children's book.* Misty, a little girl with Down syndrome, and her father review her day's activities in search for her stuffed monkey.

***Reflections by Members of Our Congregation.* Indianapolis, In.: First Congregational United**

Church of Christ, app. 2009. *Disabilities of aging.* The congregation's Mental Health Awareness Team presented an educational hour on maintaining mental health as we age. This booklet includes stories from members of the congregation on that topic.

Rennebohm, Craig, with David Paul. *Souls in the Hands of a Tender God: Stories of the*

***Search for Home and Healing on the Streets.* Boston: Beacon Press, 2008.** *Chronic illness, mental illness, physical disabilities, intellectual disability, theology of disability, community.* This book delivers a multi-layered discussion of homelessness and mental illness. And, when combined with a theological perspective that emphasizes God's love, Rennebohm's hard-fought-and-won insights into engaging the homeless and creating better systems of care offer refreshing contact points for psychology and religion.

Rich, Cynthia Holder and Martha Ross Mockaitis, Foreword by Barbara J. Newman. *Learning Disabilities and the Church: Including All God's Kids in Your Education and Worship.* Grand Rapids: Faith Alive Christian Resources, 2006. *Learning disabilities, children, attention deficit (AD), worship resources.* Defines and explains learning disabilities and Attention-Deficit/Hyperactivity Disorder. Describes common learning and life differences and examines ways congregations can effectively minister to individuals with these conditions and their families. Offers strategies for accommodating individuals with learning disabilities in church education and worship. Includes case studies, discussion questions, ideas for preaching and teaching inclusion.

Richardson, Susan. *Child by Child: Supporting Children with Learning Disabilities and Their Families.* New York, NY: Morehouse Publishing, 2011. *Children, disabilities ministry, learning disabilities, families, congregations.* This book will be invaluable to church programs that aim to ensure that every child is welcomed and valued by teachers, as well as by the entire congregation, without regard to learning differences.

Rotholz, James M. *Chronic Fatigue Syndrome, Christianity, & Culture.* Binghamton, N.Y.: Haworth Medical Press, 2002. *Chronic illness, personal account.* Because our culture exalts worldly status and financial success, many Chronic Fatigue and Immune Dysfunction Syndrome (CFIDS) sufferers find themselves facing a deep sense of humiliation, worthlessness, and failure when their disease puts their lives on hold. This fascinating first-person account offers an insider's view of what it means to suddenly move from being a healthy, productive member of society to being severely limited.

Ruth-Heffelbower, Duane. *After We're Gone: A Christian Perspective on Estate and Life Planning for Families that Include a Dependent Member with a Disability.* Scottsdale, Pa.: Mennonite Publishing Network, 2011. *Families, intellectual disability, physical disabilities, estate planning.* This book introduces options and resources for the Christian family and faith community as they interact with the legal system to make provisions for the ongoing care of loved ones with disabilities.

Shapiro, Joseph P. *No Pity: People with Disabilities Forging a New Civil Rights Movement.* New York: Times Books, 1993. *Disability rights.* Joe Shapiro of *U.S. News & World Report* tells of a political awakening few nondisabled Americans have even imagined. *No Pity's* chronicle of disabled people's struggle for inclusion is only part of the story. Joe Shapiro's five years of in-depth reporting have uncovered many personal stories as well. His brilliant political and human-interest reporting will change forever the way we see people with disabilities; all who read *No Pity* will recognize that disability rights is an issue whose time has come.

Sider, E. Morris. *A Home on Paxton Street: 25 Years of Sharing Christ's Love.* Harrisburg, Pa.: Paxton Ministries, 2006. *Mental illness, community.* Describes the growth of Paxton Ministries in building staff and residents to a place where residents are empowered to recover from the effects of mental illness in the context of a Christ-centered community.

Simon, Rachel. *Riding the Bus with My Sister: A True Life Journey*. New York: Plume, 2002. *Intellectual disability, learning disability, siblings, personal account*. Beth is a spirited woman with developmental disabilities who spends nearly every day riding the buses in her Pennsylvania city. The drivers, a lively group, are her mentors; her fellow passengers are her community. Beth, who lives independently and has a boyfriend, is a joyful, endearing and feisty individual. When Beth asks her sister Rachel to accompany her on the buses for one year, they take a transcendent journey that changes Rachel's life in incredible ways, leads her to accept her sister at long last—and teaches her to slow down and enjoy the ride.

Swinton, John. *Dementia: Living in the Memories of God*. Grand Rapids, Mi.: Eerdmans, 2012. *Theology of disability, dementia*. “Swinton offers us the best constructive theology yet written on the important place for the deeply forgetful in our communities and our lives. His ability to elevate the most significant Christian scholarship on this topic to the level of a compelling new synthesis is clear on each thoughtful page. Those who want to reflect deeply on where individuals with dementia fit into our world will benefit from this breath of fresh air. It is a brilliant book that stays true to everything meaningful in Christian ethics, theology, and care.”—Stephen G. Post

Vanier, Jean. *Be Not Afraid*. Toronto: Paulist Press, 1975. *Intellectual disability, learning disabilities, reflections*. Vanier is the founder of L'Arche, a community for youth and adults with intellectual disabilities. In this collection of talks given at retreats, Vanier addresses those who want their lives to reflect Christian values but who find this a difficult task. He deals honestly with the challenge presented by the Gospel and with the fear that prevents many from loving.

Vanier, Jean. *Man and Woman He Made Them*. Mahwah, N.J., New York: Paulist Press, 1984. *Intellectual disability, learning disability, reflections*. When Vanier speaks of the cry for love within the person who has an intellectual disability, he draws the wider parallel of that same search within every man and woman; the fragility and vulnerability of each person at the level of the heart and in the search for relationship. Does love necessarily imply sexual relationship? How do we live with anguish and with loneliness? How do we reach emotional maturity? Vanier does not offer easy answers.

Vredeveld, Ronald C. *Caring Relationships: Helping People with Mental Impairments Understand God's Gift of Sexuality*. Grand Rapids: CRC Publications, 2001. *Intellectual disability, learning disabilities, mental illness, theology of disability*. A biblical perspective for dealing with difficult questions about sexuality, marriage, and morality.

Vredeveld, Ronald C. *Expressing Faith in Jesus: Church Membership for People with Mental Impairments*. Grand Rapids: CRC Publications, 1995. *Intellectual disability, learning disabilities, congregations, disabilities ministry, theological education*. People with mental impairments need to experience the joy and peace of knowing they are of value to God and God's people. They also need to grow in their relationship to Christ's church, make profession of their faith, and participate in the life and work of the church.

This booklet offers practical suggestions to pastors and other church leaders for helping people with mental impairments to profess their faith.

Walker, Robert L., ed. *Speaking Out: Gifts of Ministering Undeterred by Disabilities*. North Charleston, SC: CreateSpace, Inc., 2012. *Personal account*. Twenty-five ordained and lay ministers relate their stories of living and ministering with disabilities. The book tells of the importance of demolishing physical and attitudinal barriers that prevent both a full acceptance of disabled ministers and a willingness to make churches, parsonages, and other facilities fully accessible. These stories call for a modern replay of the Jesus-led disavowing of the sacred and secular discrimination against disabled people.

Walsh, Mary Beth, ed. *Autism and Faith: A Journey into Community*. NJ: The Elizabeth M. Boggs Center on Developmental Disabilities, 2008. *Autism, learning disabilities, disabilities ministry, community, congregations, families*. Parents and families of individuals with autism, congregations struggling to become better at being inclusive, and individuals with autism themselves all need to know that they are not alone. Chapters include: “Autism Life Cycles and Faith Communities,” “Inclusive Faith Practices for Children with Autism,” “A Vibrant Spiritual Life: Suggestions for Congregations on how to Support Adolescents with Autism,” “The Person in the Pew.”... This interfaith resource is also available for download at:
djfiddlefoundation.org/userdocs/Autism_&_Faith_final-1.pdf

Waterhouse, Steven. *Strength for His People: A Ministry for Families of the Mentally Ill*. Amarillo: Westcliff Bible Church, 2001. *Mental illness, Bible study, families, theology of disability, chronic illness*. Addresses needs that arise among Christian families of those with severe mental illness. Offers biblical perspective on schizophrenia also applicable to other chronic conditions. Dr. Waterhouse is the author of *Not by Bread Alone: An Outlined Guide to Bible Doctrine*; *The Sanctity of Life*; *What Must I do to Be Saved: The Bible’s Definition of Saving Faith*; and *Blessed Assurance: A Defense of the Doctrine of Eternal Security*.

Webb-Mitchell, Brett. *God Plays Piano, Too: The Spiritual Lives of Disabled Children*. New York: Crossroad Publishing, 1993. *Intellectual disability, autism, learning disability*. Joshua is a young boy with an extraordinary gift for playing the piano. He is also autistic. His story is one of many in this revelatory look at the spiritual lives of children with disabilities: those with intellectual disability, autism, or behavior disorders.

Webb-Mitchell, Brett: *Dancing with Disabilities: Opening the Church to All God’s Children*. Cleveland: United Church Press, 1996. *Personal account, accessibility, theology of disability, congregations*. Imagine what a church could be if those who are “disabled” and those who are “able-bodied” were to understand themselves to be equal partners in the faith community. Writing personally and passionately, Webb-Mitchell relates the struggles and triumphs, frustrations and joys, of the children and adults with disabilities whom he has met through his ministry. It is these persons who put a genuinely human face to “disabilities”—and whose presence challenges the church to welcome all God’s children to their rightful place in the Christian community.

Wilke, Harold H. *Creating the Caring Congregation*. Nashville: Abingdon, 1980. *Disabilities ministry, congregations, accessibility*. Rev. Harold H. Wilke was a ground-breaking religious leader, disability advocate, and founding board member of the National Organization on Disability (N.O.D.). Following the signing of the Americans with Disabilities Act in 1990, President George H.W. Bush passed the signing pen to Rev. Wilke, who accepted it with his foot – because he was born without arms. In this pioneering work he takes a penetrating look at what constitutes a truly caring congregation, from the way a church building is designed to the spiritual nurture of people with disabilities.

Woolis, Rebecca. *When Someone You Love has a Mental Illness: A Handbook for Family, Friends, and Caregivers*. New York: Jeremy P. Tarcher/Putnam, 1992. *Mental illness, families, estate planning*. Addresses short-term daily problems of living with a person with mental illness, as well as long-term planning and care. Includes Quick Reference Guides on responding to hallucinations, delusions, violence and anger; helping your loved one comply with treatment plans and medication; deciding if the person should live at home or in a facility; choosing a doctor and dealing with mental health professionals; handling the holidays and family activities; managing stress; helping siblings and adult children with their special concerns; etc.

Yong, Amos. *The Bible, Disability, and the Church: A New Vision of the People of God*. Grand Rapids, Mi.: Eerdmans, 2011. *Theology of disability, congregations, intellectual disability, learning disabilities, physical disabilities*. Yong’s life experience includes growing up alongside a brother with Down syndrome. “The first comprehensive biblical theology focused on disability. Through detailed readings of several key biblical texts, Yong invites academics and laypeople alike to reconsider many traditional interpretations of biblical literature. This provocative book presents a constructive theology that reminds us of the necessity for rigorous engagement with biblical scholarship in all future theological reflection on disability.”—Jeremy Schipper.

DVDs

Autism: A Christian Response. Wyoming, Mi.: CLC Network, 2011. Autism, congregations. Is your church including children or adults with Autism Spectrum Disorder (ASD) or Asperger syndrome? This session will explore God's "knitting pattern" for persons with ASD, discuss some of the differences you might see, and give you some practical tools for full inclusion of children and adults with ASD in the life of your church.

The Behavior Management Playing Field. Wyoming Mi.: CLC Network, 2011. Congregations. Is the behavior of one person jeopardizing the stability of the whole group? Spend some time exploring strategies you can implement surrounding behavior management issues in your home or church. By the end, your idea tool box will be over-flowing!

Breaking the Silence: Postpartum Depression & Families of Faith. Mental Health Ministries, 2007. Mental illness, personal account, curriculum. Ecumenical resource to educate faith communities about postpartum depression. Background information on symptoms and treatment is provided by mental health professionals. Two women share their personal stories and how this experience affected their faith and recovery. DVD is divided into segments to give group leaders the option of viewing individual segments. A discussion guide is included on the DVD to provide information, study questions, and helpful resources.

Can't, Not Won't: A Christian Response to Fetal Alcohol Spectrum Disorder (FASD). Mennonite Central Committee, 2005, reprinted 2012. Intellectual disability, learning disability, congregations, families, personal account, curriculum. The compelling stories and insights in "Can't, Not Won't" offer congregations the tools to learn about Fetal Alcohol Spectrum Disorder (FASD). Two families share their stories in the hope that they will help congregations in their effort to understand and include families living with FASD. Included in this pack is a six-week study guide set up for use in adult classes or other small group sessions. Closed Captioned.

Creating Caring Congregations. Mental Health Ministries, 2005. Mental illness, personal account, congregations, families, curriculum. Ecumenical resource to decrease the stigma associated with mental illnesses in faith communities. The sharing of personal stories and experiences provides a way to give voice to those who have suffered in silence and allow churches to begin the process of reaching out and providing compassionate care to those affected by mental illness and their families. Individuals in different stages of life and facing different mental illnesses share their stories. A final segment addresses how congregations can respond with a five-step program of education, covenant, welcome, support, and advocacy. A discussion guide provides questions to help generate discussion. Closed Captioned.

Elliot, Alice. *Body & Soul: Diana & Kathy*. Harriman, NY: New Day Films. *Down syndrome, disability rights, personal rights, personal account*. This film won 6 awards at film festivals. It “gives voice to Diana and Kathy, captures their lives together and weaves important, distinct strands—the issue of family both between them and with Diana and her mother, of health and aging, of activism and its successes, and of the effective meeting of the challenges of daily life.”—Prof. Christopher Keys. “The independent lives of folks like Diana and Kathy are signs and indicators that our work is paying off....individuals who are truly experiencing the fullness of life.”—John Foley, Acting Head of the National Arc. Closed Captioned.

Elliot, Alice. *The Collector of Bedford Street: Living and Giving in the Big City*. New Day Films, 2002. *Intellectual disability, community, personal account*. Highlights an inclusive community. Film won 17 awards. English, Spanish, and French. English Closed Captioned.

***Embracing Aging: Families Facing Change*. Harrisonburg, Va.: Mennonite Media, 2007. *Disabilities of aging, families, personal account*.** Change and getting older is inevitable. So how can we make it the best it can be? Families, experts and “wise ones” share insights on aging, housing choices, facing illness, and cooperating as siblings in the care of aging parents. Residents of a co-housing community for those over 55 offer attractive alternatives for the aging years.

***Fierce Goodbye: Living in the Shadow of Suicide*. Harrisonburg, Va.: Mennonite Media, 2004. *Suicide, families, community, curriculum*.** Family survivors reveal their intimate stories and aching pain to assist other survivors and to help the broader community understand the unique and terrible grief of suicide. Explores Protestant, Catholic, Jewish, and Greek Orthodox responses to suicide. The church can be a “healing station” in helping survivors find their way to recovery. Study guide included.

***Finding Hope in Recovery: Families Living with Addictions*. Harrisonburg, Va.: Mennonite Media, 2007. *Families, addictions*.** Closed Captioned. Segments include: Defining the Problem, Stigma, The Addicted Family, Disease of Addiction, Treatment & Recovery, and The Gift of Serenity. Challenging, heartbreaking stories. Travel with families through the stages of recovery—and setback. Learn how recovery, reconciliation, and healing can happen. English and Spanish subtitles. Closed Captioned.

Hubach, Stephani O. *Same Lake, Different Boat: Coming Alongside People Touched by Disability*. Carlson Media, 2011. *Congregations, theology of disability, mental illness, intellectual disability, learning disability, physical disabilities, personal account, curriculum*. Four DVDs. Principles found in the author’s book, with expansion of content. Each segment begins with interview vignettes of ministry leaders, of individuals who have disabilities, and of family members. Following a 30-minute teaching segment by Stephanie, each segment concludes with additional interviews that lead into discussion questions. Leader’s Guide is included as a PDF file.

***Including Children with Disabilities: Preparing a Place of Welcome.* Wyoming, Mi.: CLC Network, 2011.** *Congregations, children, physical disabilities, intellectual disability.* The most important and powerful key to including children and adults with disabilities is giving God-honoring information to peers and volunteers. Learn practical strategies for preparing your congregation to eagerly receive those with disabilities into the body of Christ.

***Inclusion ToolBox: 52 Practical Ideas to Include Individuals with Disabilities.* Wyoming, Mi.: CLC Network, n.d.** *Physical disabilities, intellectual disability, learning disabilities, congregations.* Participants will leave with a toolbox filled with ideas to try in their home or church for children who may be struggling with reading, writing, sensory integration, attention concerns. With some modifications, teachers, volunteers, and mentors can implement low-cost tools to best support persons with disabilities—enabling them to both experience the full life of their church, while also utilizing their gifts.

***Men Get Depression.* Washington, DC: State of the Art, 2008.** *Depression, families, personal account, curriculum.* Videos included for men 18-30, 30-55, and 55+. A printable resource booklet and discussion guide available. All materials in English and Spanish. The videos present the stories of ten brave men who overcame stigma to tell about their experiences with depression, how it undermined their lives and how they learned they had a treatable disease and finally found the help that made recovery possible. Men are from diverse backgrounds—from a former Fortune 500 CEO, an Iraq War vet, a minister and others. Leading medical authorities on depression offer commentary on its causes, symptoms, and treatments.

***Mental Health Mission Moments.* San Diego, Ca.: Mental Health Ministries, 2004.** *Mental illness, congregations, worship resources, curriculum.* An ecumenical resource to help people address mental health issues in the context of the Sunday morning worship service. Nine 2-3 minute segments can also be used with small groups or classes to generate discussion. Each segment presents an issue related to the experiences of mental health, puts a face on the issue, and ends with a message of hope. A resource guide includes sermon starters, liturgical material, additional scriptural reference and other resources to help educate congregations about mental illness. The guide is a starting point. Use parts of the material, rearrange it, adapt it to your setting. One sermon starter is given for each segment, but other scripture references may also be used. Where applicable, texts from the Common Lectionary are noted.

***Mental Illness and Families of Faith: How Congregations Can Respond.* Mental Health Ministries, 2008.** *Congregations, mental illness, intellectual disability, learning disabilities, community, curriculum, personal account.* A two-DVD set to help educate faith communities about various mental health issues. One in four families sitting in our pews has a family member dealing with a mental illness. Yet many are suffering in silence. Through education, we can erase the stigma associated with these “no fault” illnesses and provide congregations with examples of how they can become supportive and caring communities for individuals and families affected. Eight segments cover a variety of issues. Professionals provide background information about each illness. But

mostly you will hear from real people who live with these brain disorders. Each segment presents an issue related to the experience of mental illness, puts a face to the issue and offers a message of hope. For use in small groups and classes. Discussion guide has background information and questions for discussion. Closed Captioned.

Nelson, Gary E. *Teens Surviving the Storm*. Mental illness, suicide, families. Depression and related illnesses threaten to wreck the lives of many teens and their families. Suicide driven by these illnesses is one of the top killers of young people. This short film was made with the hopes that teens and the people who love them can know there is hope. There is a way to survive the storm.

***Peaceful Living: Honoring a Place in Faith Communities for People with Disabilities and Their Families*. Branch Valley Productions, 2009.** *Congregations, mental disabilities, intellectual disability, learning disabilities.* Three DVDs of a conference: 1) Dr. Richard Steele: Disability and Pastoral Care (insights from his personal experiences); The Enabling Congregation (how presence, patience, reverence for human life, and generosity of spirit are helpful in relating to people with a disability and are displayed by the people themselves); Call to Action (responses from conference participants). 2) Worship service—The Scepter and the Staff. 3) Bill Gaventa: Rekindling the Spirit of Direct Care. 4) Derrick Dufresne: From Client to Citizen.

***A Place for All: Faith and Community for Persons with Disabilities*. Diva Communications, 2009.** *Congregations, intellectual disability, learning disabilities, physical disabilities, community, personal account, community.* Ecumenical documentary featuring the lives of various people of faith: Rabbi Darby Jared Leigh, one of the handful of deaf rabbis in the world; 5-year-old Max Rubin who suffers from cerebral palsy; Brandon Kaplan, a severely disabled boy with limited sight and speech who recently had the privilege of becoming a Bar Mitzvah; and members of the DAYLE program where Definitely Abled Youth unite at the 40,000 strong triennial Evangelical Lutheran youth gathering. Reminds us that we are all made in God's image. To make our faith communities truly sacred, they must mirror the kaleidoscope that is humanity.

***Shadow Voices: Finding Hope in Mental Illness*. Harrisonburg, Va.: Mennonite Media, 2005.** *Mental illness, personal account, congregations, families.* Award-winning TV documentary gives an inside look at what it is like to live with a mental illness and how individuals and their families find their way through medical, governmental, societal, and spiritual issues—to hope. Bonus content includes: more personal stories; more historical background; help for churches in relating to mental illness; dealing with mental illness as a married couple; support of family members; stress, self-care, and mental illness. Closed Captioned.